

# Focus on Food - The Recipe Swap

Pupils create a display featuring a recipe for a typical English dish. Recipes are exchanged with the partner school and pupils experiment with cooking Ethiopian food. These activities investigate food preparation and explore diversity in food and cooking in another culture.

## Activity 1 – Recipe Display

- Children prepare a display featuring a recipe for an English dish. This can include a list of ingredients and instructions.
- They can illustrate the cooking process with drawings, diagrams, paintings or pictures.
- Children can then carry out the recipe themselves, photographing and documenting the cooking. They can add this to their display.
  - What equipment did they use? What cooking methods?
  - How did it taste?
  - Any hints and tips? What changes would they make to the recipe?

## Activity 2 – Swap and Investigation

- The display is then exchanged with the partner school. Pupils investigate the partner school's recipe.
  - What ingredients are needed? Are there any unusual ones? Where could they get them from?
  - What methods do Ethiopians use to cook? Do they cook on charcoal stoves? What implements do they use?
  - Why might they be different?

## Activity 3 – Ethiopian Food

- Pupils carry out the recipe from their partner school.
- They pay close attention to instructions, planning and improvising where necessary.
- Pupils can document this. How did it turn out?

### KEYSTAGE 1 & 2 CURRICULUM LINKS

#### Art

- Asking and answering questions about the starting points for their work and developing their ideas
- Investigating the possibilities of a range of materials and processes

#### Science

- Following instructions
- Documenting what happens in a variety of ways

#### English

- Taking turns in speaking and relating contributions to what has gone on before
- Taking different views into account and giving reasons for opinions and actions

#### Geography

- Investigating different places in the world and how/why they are different
- Using atlases, globes, and maps

#### Citizenship

- Exploring the lives and customs of people in different countries
- Forming relationships with children in other countries